



DOCKLANDS YACHT CLUB

Policies

Healthy and safe environments maximise the health impact of sporting activities and increase the appeal of clubs and their activities to a wider range of potential participants. The following policies are designed to ensure Docklands Yacht Club offers a welcoming, inclusive and safe environment for participants.

Inclusion Policy

Social isolation and lack of participation in community life have been found to impact negatively on mental health and wellbeing. Docklands Yacht Club aims to encourage participation in all its activities and functions by people of all ages and abilities and those from diverse cultural and socio-economic backgrounds.

The Club will ensure that:

- activities are not difficult to access due to cost or location
- people from a range of backgrounds are involved in planning and staging activities
- information about the organisation and its activities is widely circulated
- people from a range of backgrounds feel comfortable participating in activities
- premises and activities are accessible to people with disabilities
- members and visitors are free from discrimination and harassment based upon race and ethnicity, religion, gender, sexual preference, disability, age and social class

Injury Prevention Policy

The risk of injury can interfere with the enjoyment of participating in sport and active recreation, and act as a barrier to that participation. Protection from sporting injury cannot be guaranteed but Docklands Yacht Club will:

- Ensure coaches and officials are trained in injury prevention & first-aid
- Check the safety of the storage area, dock and sailing area before commencing an activity
- Encourage volunteers, staff and participants to wear protective clothing & use sunscreen
- Ensure shade is available
- Ensure sunscreen is available
- Ensure staff, volunteers and, where possible, participants wear sun-protective clothing
- Ensure all volunteers, staff and participants to wear appropriate PFDs
- Provide and maintain appropriate first-aid equipment
- C-Crane is used for all personal transfers to and from wheelchairs
- C-Crane is used for inserting and retrieving all keels
- Safety boats are launched and retrieved by no less than two persons

Smoke Free Policy

There is strong community awareness of the risks associated with smoking and passive smoking. Docklands Yacht Club will:

- Not sell cigarettes
- Ensure that all indoor areas are non-smoking
- Designate the ramp and pontoon as a non-smoking outdoor area
- Ensure that Instructors and coaches refrain from smoking while performing duties on behalf of the Club
- Display non-smoking signage in appropriate areas

Alcohol Policy

Safe and responsible drinking means drinking alcohol in a way that does not harm the drinker or others.

Docklands Yacht Club will:

- Provide water at all times
- Ensure food is provided when alcohol is being served
- Ensure alcohol is not available to minors
- Comply with Liquor Licensing Victorian regulations

Healthy Food Choices Policy

The people attending or participating in Club activities should have a choice of foods which are conducive to health. Docklands Yacht Club will:

- Ensure healthy foods are available, presented and competitively priced
- Provide water free of charge
- Ensure safe food handling procedures are observed
- Contract caterers who provide healthy food options

Dispute Resolution Policy

Members, participants, volunteers and staff have the right to express grievances about their involvement with Docklands Yacht Club.

- All grievances should be directed to the Activity Supervisor or a member of the DYC Committee who will arrange for the matter to be dealt with by the Committee
- Grievances not able to be resolved by the DYC Committee should be directed to the CEO of Yachting Victoria